

The San Giorgio Neuropsychiatric Facility

The neuropsychiatric facility San Giorgio is a residential hospital facility, affiliated with the Italian National Health Service (SSN) since 1961, dedicated to the treatment and rehabilitation of neuropsychiatric disorders and addictions. Our multidisciplinary team — psychiatrists, psychologists, psychiatric rehabilitation technicians, professional nurses and healthcare assistants (OSS) — welcomes people affected by a wide range of conditions, including depression, anxiety, obsessive-compulsive disorder, psychosis, and substance or behavioural addictions, providing diagnostic assessment and continuity of specialist care in collaboration with public and private referring services.

Our Objective

Our methodological and organisational approach consists of providing an integrated therapeutic intervention combining psychopharmacological, psychotherapeutic and rehabilitative components, with continuous updating based on Evidence-Based Medicine and on innovations proven effective by neuroscientific studies and research. Among these tools, over the past 10 years the following have become established as additional treatments: Transcranial Magnetic Stimulation (rTMS), Transcranial Direct Current Stimulation (tDCS), Eye Movement Desensitization and Reprocessing (EMDR) psychotherapy, Cognitive-Behavioural Therapy (CBT), Dialectical Behaviour Therapy (DBT), and Mindfulness-based therapy, in line with the international scientific literature. The systematic use of rTMS has given our team particular expertise in the integrated treatment of substance addiction. From a rehabilitation standpoint, pet-therapy has also recently been introduced.

Contact Us

✉ info@casadicurasangiorgio.it

☎ +39 0161987089

🌐 casadicurasangiorgio.it

📍 **Via Marchesi di Gattinara 16, Viverone (BI)**

Our outpatient clinics are located in **Viverone, Turin, Milan** and **Castrocaro Terme**.

VISIT OUR WEBSITE



📷 @casadicurasangiorgio

📘 Casa di Cura San Giorgio

SCAN THE
QR CODE



Collaborations

Casa di Cura San Giorgio in Viverone maintains collaborations with other healthcare institutions and groups, sharing practices and protocols and promoting professional and scientific exchange to guarantee patients effective, safe and continuously updated care. Staff are constantly supervised and engage in ongoing training (CME) in line with modern healthcare quality and risk-management standards.

Thanks to our scientific collaboration with the GVM Care & Research Group, our care services — including Transcranial Magnetic Stimulation — are also available at the outpatient facilities in Turin and Castrocaro Terme.

We collaborate with the Italian Society for Addictions (SITD) on research, studies and specialist training programmes.

We also support the "Anna e Luigi Ravizza ETS" Association, whose mission is to promote research into mental illness and to reduce the stigma that delays patients and their families from seeking care.

VISIT THE WEBSITE
www.annaeluigiravizza.org



Medical Director
Dr. Enrico Zanalda
Scientific Director
Dr. Augusto Consoli

Outpatient Pathway

At Casa di Cura San Giorgio, each patient is regarded as a unique individual with their own specific needs, and is therefore offered a highly personalised, recovery-oriented care pathway.



Residential Pathway

The residential programme includes mental health and addiction-related therapeutic services and activities, with round-the-clock medical and nursing supervision, using the best technologies currently available. The multidisciplinary team meets daily to share information on each resident, who is observed and supported throughout every stage of care.

Continuity-of-Care Pathway

Once inpatient treatment ends, patients who are not already followed by a community team may, if they wish, continue to be cared for by the clinic's specialists to maintain ongoing support and continuity of care. Psychotherapeutic and psychiatric consultations, along with monitoring and adjustment of treatment, help support recovery and the return to everyday life.

Specialistic Treatments

The care pathway comprises multiple therapeutic and rehabilitative interventions addressing problematic psychoactive substance use, behavioural disorders and mood disorders, including innovative, clinically recognised approaches such as:

- Benzodiazepine detoxification for patients who have developed dependence on high doses of benzodiazepines used as anxiolytics or sleep aids; treatment is carried out with Flumazenil via slow infusion (7 days) using an elastomeric pump, generally achieving a rapid and complete recovery without early or late withdrawal symptoms;
- Treatment of psychoactive substance dependence with long-acting Buprenorphine, lasting 7 or 30 days, or via a subcutaneous implant lasting 6 months per application;
- Treatment for particularly severe forms of major depression: a new nasal spray therapy with Esketamine is available, the innovative drug approved for "treatment-resistant depression";
- Transcranial Magnetic Stimulation (rTMS) for various forms of mood disorders, neurological disorders and addictions;
- Transcranial Direct Current Stimulation (tDCS), used for various neuropsychiatric disorders.

These last two therapies are included among the services covered by the FASDAC Tariff Nomenclature (Fondo Assistenza Sanitaria Dirigenti Aziende Commerciali), code 015514636.

Therapeutic Interventions

- Transcranial Magnetic Stimulation
- Transcranial Direct Current Stimulation (tDCS)
- Individual Psychological Counselling
- Cognitive-Behavioural Treatment for OCD and Specific Phobias
- Cognitive Therapy for Pathological Gambling
- EMDR Treatment for Patients with Post-Traumatic Stress Disorder
- Group Psycho-rehabilitation Pathway
- Mindfulness Group
- Relaxation Techniques
- Individualised Psychoeducational Interventions
- Pet-therapy
- Motor Reactivation

Transcranial Magnetic Stimulation (TMS)

A painless, non-invasive therapeutic treatment, useful for:

- Depression
- Obsessive-Compulsive Disorder
- Behavioural and substance addictions
- Tourette Syndrome

Transcranial Magnetic Stimulation is performed while seated, without anaesthesia or recovery time. The device emits magnetic pulses that act on the neural circuits involved in mood regulation, movement or cognitive function, using different protocols depending on the condition being treated.